



Alpha UPKUDO

Hold Harmless Agreement / Liability Waiver

* Must be signed prior to participating

I, _____ (printed name), do hereby voluntarily participate and attend in the UPKUDO karate and/or self-defense classes and/or private martial arts lessons for myself or *my child* _____ held by **Alpha UPKUDO, A Better Body.US, Tully's UPKUDO, Alpha Advertising, Printing and Displays, Inc., Anne Radke, UPKUDO INTERNATIONAL KARATE FEDERATION or any BLACK BELT or KELEGION KAIS)** and his/her promoters, sponsors, instructors, assistants, assistant instructors, trainee instructors, or anyone connected with the aforementioned.

I do hereby assume full responsibility for any and all damages, injuries or losses that I may sustain and incur, if any, while attending or participating. The undersigned agrees to save harmless **UPKUDO, Alpha UPKUDO, A Better Body.US, Tully's UPKUDO, Alpha Advertising, Printing and Displays, Inc., Anne Radke, Lafayette Community Center, UPKUDO INTERNATIONAL KARATE FEDERATION or any BLACK BELT or KELEGION KAIS)** and his/her promoters, sponsors, instructors, assistants, assistant instructors, trainee instructors, or anyone connected with the aforementioned from any claim, action, liability, loss, damage or suit arising from the following:

- Karate classes
- Self Defense classes
- Private Karate/Self Defense Lessons
- Private Fitness classes
- Fitness/Karate Seminars, Events
- Life Skills Classes

Furthermore, I acknowledge the training is in no way indicative to solve all personal protection problems or an absolute solution to defend attacks made on me or my loved ones. The effectiveness of the techniques I am shown or are shown are based on my personal actions and I hold no liability to anyone who has taught me.

PHOTOS/VIDEOS

In the event that a photo/video is used of me or my child, I give permission for the photo to be used to help promote the school in print, banners, signs, websites, and any promotion. This agreement shall be binding upon and insure to the benefit of the parties, their successors, assigns and personal representatives.

I have read and understood all the conditions of this written agreement and I am the legal guardian or over the age of 18 and am signing for myself to participate.

Signed Date _____

Signature _____

(signature of Student 18 and older or Legal Guardian of the Student)