

# *Alpha* **UPKUDO**

**Martial Arts  
& Fitness**

**3 miles past Lake Jackson on US 27 - 5 miles before Havana**

**To reserve your space call 514-4334**

**EVERY TUESDAY**

**6-7pm Adults and Teens**

**4-4:45pm for Children and Adults**



**Join the party!**



***No special dance skills necessary  
A great workout to music in a  
variety of dance moves \$5 per class***

**1412 FL GA HWY Havana**